



Ottawa Company of the personal persona

WEEKEND, APRIL 8-10, 2016

High O°C/Low-7°C Periods of light snow

Uber still muddy on local plans

TAXI POLICY OVERHAU

Councillor accuses ride-sharing service of not playing fair



Emma Jackson Metro Ottawa

If you were hoping for more details on Uber's local plans Thursday, you're likely sorely disappointed.

The city's community and protective services committee kicked off its multi-day deliberations on a proposed taxi bylaw overhaul with 100 people on the speaker list.

Uber Canada's policy manager Chris Schafer went first, spending three hours in the hot seat as councillors grilled him for details about his company's operations.

But for a company that demanded this review in the first place, they weren't exactly playing fair, said Coun. Stephen Blais. "It was very clear that his objective was to not answer the questions and to take as much time as possible," Blais said.

Councillors asked and re-asked seemingly simple questions: How many drivers are registered in Ottawa? How many complaints has Uber responded to? Will the company pause local operations until a new bylaw comes into force later this year?

Schafer stuck mainly to talking points, eliciting groans from the chambers, which was packed with taxi drivers. Schafer did say about 20 per cent of customers give feedback in one way or another, but didn't have data on how many poor drivers faced consequences.

He didn't know the number of drivers, either, but Uber Canada general manager lan Black later confirmed there are about 2,000 in Ottawa.

But Blais argued that data on crime rates and driver discipline is a key part of understanding whether the city, as regulator, needs to take greater steps to protect Uber's passengers.

"The argument that Uber makes, that they don't need cameras in vehicles or the city to handle police record checks, is that they have a robust complaint system," Blais said. But without data that argument is weak, he said. "They're just saying, 'trust me, trust me."

The city's proposed new bylaw would legalize Uber under a "buyer beware" system that requires basic background and vehicle checks through the company but doesn't require other taxi safety features like in-car cameras.

A picture's worth 1,000 words

And if an Ottawa photographer wins lawsuit over 24 Sussex shot — maybe \$25,000 metroNEWS

BUYING A HOUSE?
Up to 75% of Commissions
Paid to You!

Find all the details at grapevine.ca/abp





Your essential daily news

British PM David Cameron says he did profit from his father's offshore fund. World

Valhalla bringing West Coast party vibes to Quebec festival

BACKSTAGE PASS

Event aims to showcase local and emerging talent: Creators



Trevor Greenway Metro Ottawa

When Eric Szostak arrived at Shambhala Music Festival in 2008 on the Salmo River Ranch in beautiful British Columbia, it was like "poking my head up in heaven for a couple days."

He couldn't believe the vibe that founders of the underground dance music festival had created, especially in a world full of massive corporate festivals that only showcase mainstream artists.

He called it "paradise" — a music festival solely focused on just that: music. No corporate sponsors, no massive DJs taking away important exposure time for local selectors and an environment that truly fosters a "be yourself" attitude.

"I even tried to buy tickets for my parents and brother because I felt like I had to share this paradise with them before I die," he adds.

"Sadly not many people share my enthusiasm."

But that's where he's wrong.

Szostak and his business partner Patrick Hes wanted to create that same vibe in Eastern Canada — a truly underground electronic music festival celebrating drum and bass, heavy bass music, future house, jungle and pre-Skrillex dub step.

So they co-founded Valhalla Sound Circus and Big Tooth Montreal in 2009 and started throwing small underground parties. It didn't take long for the contagious vibe to infect Montreal's underground bass

"We were inspired to bring those unrivaled West Coast festival vibes back to Eastern Canada," adds lles.



Revelers contribute to a collective bump at last year's Valhalla Sound Circus, courtest Adrian VILLAGOMEZ

'We felt our musical taste and those of many others was unfulfilled here in Eastern Canada."

After seeing the scene swell, the pair decided to go for it and they created their own music festival called Valhalla Sound Circus in 2012.

The event was a major success, drawing close to 1,000 underground bassheads to a small parcel of land in little Bryson, Que. The vibe they had dreamed of creating became a reality in the first hours of that first festival.

"Everyone who comes to Valhalla invests their time and themselves into having the most amazing weekend with several hundred of the best friends you've never met before," says lles.

"Valhalla, like many other festivals, creates this extraordinary community built on

'Peace Love Unity Respect,' while also enjoying a variety of sounds, visuals, games or activities with friends and future friends."

Part of what makes Valhalla so special is the mission to book underground been part of the plan from Day 1.

"Local artists can use Valhalla as a platform to establish connections, collaborations, tips and tricks and acquire whatever tools they need to jump up to the next

Local artists can use Valhalla as a platform to acquire whatever tools they need to jump up to the next level. Eric Szostak

and emerging DJs to play to big crowds. It's often tough for young DJs to make a name for themselves, especially since everyone and their grandmother call themselves DJs these days, but at Valhalla these DJs get the same respect that big name headliners do and that's

level," adds Szostak, referring to local DJs like Downlink and Snails who got their starts on the Valhalla stage and are now leading edge DJs across the globe.

"It's amazing to see where (Downlink) is today and to think back to when he was just another hard-working local on the lineup.

This year's festival will be no different, with the likes of New Zealand's The Upbeats. future house duo Christian Martin & Worthy (co-founders of Dirty Bird Records) and northern California trap upand-comer Shlump cracking the 2016 lineup.

Valhalla's unofficial resident DJ Downlink will also be there. There are scores of other impressive underground names on the list.

Local Ottawa DJ Jordan Michon, who goes by Strange Future on stage, says Valhalla is one of his favourite gigs to play, as he can truly dig down deep into his obscure bass collection and fire off oddball tracks you won't hear at any club.

"This has always been about bringing in people who love their music and



Valhalla Sound Circus runs July 7-11 this summer. Tickets are \$160 for a full weekend of bass music.

not necessarily about maximizing ticket sales through popular DJs. This is all about the love," says Michon, who is booked to play this year's festival.

"I don't feel pressured to play music that is going to be accessible to everybody, I can dig deep into the folders and play music that I am really passionate about."

It will be that same old vibe, but at a new site in St-Andre-Avellin, Que., that features amenities and makes the drive from Ottawa, Montreal and Toronto a tad shorter.

ACTIVITIES TO DO IN OTTAWA THIS WEEKEND

Use our list of (mostly) indoor activities to stay busy on this

depressingly Haley cold and slushy Ritchie weekend. Metro Ottawa



to 6 p.m. and on Sunday from 10 a.m. to 5 p.m. Entry is \$10 and exhibitors include gyms, charities, fitness groups and gear companies.



For a different kind of "running" attend this weekend's conference hosted by the University of Ottawa's Equal Voice chapter. The She Will Run conference is meant to inspire and encourage women to run for politics at all levels. Tickets for the full day conference are \$15 and speakers include local MPs and other female politicians. Breakfast and lunch are included. The event goes from 10 a.m. to 4 p.m. in room FSS 4004 at the University of Ottawa.



Vintage music and vintage clothing (Sunday)

Fans of bygone eras rejoice! This Sunday offers you two chances to go back in time: the annual Ottawa Community Records Show and the Ottawa Vintage Clothing show. For vintage (and new) music of every genre head to St. Anthony's Banquet Hall in Little Italy from 11 a.m. to 4 p.m. Admission is \$4. If you're more interested in vintage clothing head to the Shaw Centre on Sunday, from 10 a.m. to 5 p.m. Vendors will be showing off both men and women's clothing and accessories. Entrance is \$10.

Gaming Expo and Geek Market (all weekend)

Capital gaming and the geek market are teaming up to provide you with the entire city's geeky-goodness in one location. The event's focus is on sci-

fi, fantasy, comics, anime, steampunk, horror and gaming and visitors can shop for everything from toys to jewellery. There will also be board gaming, video gaming and family-friendly activities. Things kick off at 4 p.m. on Friday and continue Saturday and Sunday starting at 10 a.m. each day. Ticket prices vary, but admission to both events is \$25 on Saturday and \$45 for the entire weekend.

> **Practical** Orienteering (Saturday)

Get outside whatever the weather and learn the "essential skill" of using a compass to find your way around. Head to the Gatineau Park Visitor Centre Saturday to attend the 9:30 a.m. to 12 p.m. French session or the 1:30 p.m. to 4 p.m. English session. Compasses will be provided. Cost is \$20 for adult non-members and \$16 for students 13 and over. Call 819-827-2020 to reserve a spot.



Bayview could see development wave

Mixed-use complex may spur more gentrification



Trinity Development Group's proposed mixed-use complex that would span the O-Train tracks near Bayview station could become the centrepiece of Ottawa's next great urban gentrification project, real estate experts say.

Trinity vice-president of dential space. development and design Brad Caco said recently the company is negotiating with the city for the air rights to build over the O-Train Tril-

at 801 Albert St. with up to four highrises that would include a mix of retail. office and resi-

Located at the intersection of the Trillium and Confederation light-rail lines, the property from the city's new Innova-

lium Line. Trinity hopes to is ideally situated to be the tion Centre, which is slated develop the two-hectare site heart of a new era of urban

observers of

the local real

estate scene

is right beside

the City Centre

complex and a

stone's throw

I don't think it's any secret that this is the next 'it' argue. The land neighbourhood.

Warren Wilkinson

to open at Bayview Yards intensification this fall. "I don't think it's any sein the Bayview district, close

cret that this is the next 'it' neighbourhood for Ottawa," said Warren Wilkinson, associate vice-president at the Ottawa office of Colliers International. "I think this is where we're going to see the most exciting growth in Ottawa for the next 10 years."

DCR Phoenix previously

owned the land and still retains a stake in the property and proposed new development. In 2012, it received approval to build three towers on the site in the hope of leasing space to the federal government but never followed through on the plan.

Caco said exact details of the new proposal, including its layout and retail components, have yet to be determined.

YOUR MONEY **NEVER STOPS** EARNING WITH THE NEW SWEEP FEATURE





By linking your Chequing to your High Interest Savings Account, Sweep knows exactly where your money should be, based on limits you set. It's the smartest way of maximizing your savings.

Learn more at meridiansweep.ca



"Trademarks of Mendion Credit Union Limited, 04/16, "Sood To Grow High Interest Sovings Account 1.50% interest is calculated on the closing daily boliance and is paid monthly. The rate shown is on an annualized basis and is subject to change without natice.



Dawn Chambers (left) and Debbie Barton share the news about affordable Internet in the area, SARA ERICSSON / FOR METRO

Cheap Internet offers rich benefits

Sara Ericsson For Metro | Ottawa

Affordable Internet for people with low incomes is coming to Ottawa.

The program, called Connected for Success, was announced Thursday at the Centretown Citizens Ottawa Corporation.

The program is run by Rogers and is offered to tenants of several non-profit housing agencies for \$10 per month.

CCOC resident Evelyn, who wished to keep her last name private, spoke at the event. She said she realized the Internet was vital several years ago when calling a library to book a computer to go online.

"They told me to use the lnternet to make the booking ... It was a Catch-22," she said.

Evelyn believes the Internet has become a social determinant of health since it's essential for accessing key social services.

Dawn Chambers, another resident, said she needs Internet because her sons, aged 11 and 13, have their schoolwork assigned online.

"Teachers check their work online (through Google) ... and my sons also collaborate with other students to do group work online together," she said.

Deepak Khandelwal, chief customer officer at Rogers Communications, says there are approximately 150,000 people in areas within the Rogers network that live in non-profit housing. The network is available to residents of Ontario. New Brunswick and Newfoundland and Labrador.



CONSTRUCTION

On-ramp closed on weekend

The northbound on-ramp to the Airport Parkway will be closed this weekend at Hunt Club Road so work can be done on a watermain.

The on-ramp will be closed from 8 p.m. tonight until 6 a.m. Monday morning. That means drivers in the city's south end will need to

look for another way to get on the parkway.

Detours have been set up to redirect traffic from Hunt Club to Riverside Drive and on to Brookfield Road, where they can get on the Airport Parkway.

Alternately, drivers can take Bank Street if they're heading north, матяо

PCs let donors set agenda: Liberals

Deputy premier deflects calls for inquiry

Ontario's Liberals deflected calls for a public inquiry into their fundraising practices by accusing the Opposition of raising issues in the legislature on behalf of

donors to the Progressive Conservative party.

Deputy Premier Deb Matthews calls it "pretty strange" that the first bill introduced by PC Leader Patrick Brown was to lower estate taxes, especially when the Tories got donations from tax. planners who wanted such a

Matthews also says Brown asked a question in the legislature about doctors' pay after the Ontario Medical Association

sponsored a Progressive Conservative convention.

But Brown calls the Liberals desperate, and says they're trying. to smear him instead of dealing with concerns about how they solicited money from lobbyists who wanted government contracts and grants.

He says the Liberals "turned government business into a money-making machine for the Liberal party" by imposing fundraising quotas of up to \$500,000

each per cabinet minister.

Brown says the Liberals are attacking him rather than respond to his call for a public inquiry, which he insists is the only way to ensure the truth will come out.

"Only a public inquiry, like we've seen in Quebec, will show and ensure the truth is out there," he said. "The reason that they don't want to answer the question on a public inquiry is because they are petrified of it." THE CANADIAN PRESS



Ontario Progressive Conservative Leader Patrick Brown

We've reserved a chair for you!

www.cottageandbackyardshow.ca

COLE BURSTON/TORSTAR NEWS SERVICE

LAWSUIT

Photog seeks \$25K from radio station



An image of 24 Sussex Drive that radio station Boom 99.7 FM thought they could use for free could end up costing the station \$25,000 if a local photographer's lawsuit is successful.

In October, a Boom host posted the image to the station's Facebook feed, asking listeners if the historic house should be torn down or remodelled. The image was pulled from a Google search, according to the lawsuit.

When Ottawa photographer Paul Couvrette recognized his image in the post, he reached out to the station, asking they take it down since they hadn't paid for it.

The image was removed within 48 hours, and Boom's promotions manager, Krista Datars, called to apologize.

In court documents. Couvrette said while he appreciated the apology, the damage was already done.

The photo had previously generated hundreds of dollars in revenue for his photography business, including being sold to Chatelaine for \$450 and CPAC for \$350, he claimed. Couvrette further claims that he has had trouble selling the photo since it appeared on the station's Facebook page because it's now overexposed.

He estimates that because the photo is "one of the best images of the site," and a popular news topic, his potential losses are \$25,000 - and he wants Corus Entertainment to pay.

In court documents, Corus acknowledges that it violated copyright but calls the damages "speculative" and "excessive."

The company said Boom didn't try to monetize the image and it can't be held responsible for the 40 people that shared the image over Facebook.

The lawsuit, first filed in December, is still ongoing.

Couvrette declined to comment until the case concludes. Representatives from Corus Entertainment and Boom 99.7 did not respond to requests for



Paul Couvrette says his image online without permission. CONTRIBUTED

Admission

\$12

at the door

BUY ONLINE

& SAVE

\$5 FRIDAY

Come to the show after 5 PM

this Friday and enter for ONLY \$5.

of 24 Sussex Drive, seen above in a different photo, was shared

LIBRARY MEETING

Board to discuss new central location

Next week's meeting of the Ottawa Public Library Board is sure to be a real page-turner.

The board is set to discuss the site of the new central library.

At the meeting, which is open to the public, the board will be asked to ap-

prove the start of the process to choose a location for the new library.

That will involve coming up with a list of potential sites in the downtown area.

If the project moves ahead without any delays, shovels for the new library will hit ground in 2018 and the doors will open two years later, METRO



VIRGINIA'S DOWNTOWN **DISTRICTS HAVE HISTORIC CHARM**

Boutique shops and restaurants nestle amid 19th-century buildings.



History is everywhere in Northern Virginia, and much of it has been preserved in its many downtown districts. Visitors can soak up its small-town charm along with an eclectic mix of shopping, dining and sightseeing.

Stroll bustling King Street in Old Town Alexandria for chef-driven restaurants, boutiques, art galleries and museums set in 18thand 19th-century architecture still intact from the days of George Washington. The notable centre is the third-oldest historic district in the United States, with views of the Washington Monument and national Capitol building on the horizon.

This charming waterfront neighbourhood also includes a busy marina with street performers, live music, al fresco drinks and dining and three floors of art at the Torpedo Factory Art Center. Explore the region via water taxis and river cruises by Potomac Riverboat Company.

In nearby Arlington, the stylish Village at Shirlington features a European-style promenade with outdoor dining, fun nightlife and eclectic art-house movies. Located in the valley of Four Mile Run, a tributary of the Potomac River, it's billed as Arlington's "arts and entertainment district" and features the Tony Award-winning Signature Theatre, known for hosting world-premiere musicals.

"Many musicals try [playing] out there before they make the trek to Broadway," says Claire Mouledoux, spokesperson for Visit Alexandria. "That's the anchor of the village - around that are all these little shops and restaurants, and most have outdoor seating."

Historic Downtown Leesburg, with its aged row houses and treelined streets, is known for its many antiques dealers, art galleries and other specialty shops. Most shops and restaurants are located within a three-block radius, but a free trolley transports riders throughout town.

"Leesburg is so cute," says Mouledoux. "I've gone out there just to spend the day browsing through the different antiques shops — I'm not really an antiquer, but it's fun to walk through the shops [and] have lunch in a historic building."

The charming town of Historic Clifton has been declared a National Historic District — and still retains the feeling of a Norman Rockwell painting. Some of its homes date back to the 1870s. Here, you can dine at destination restaurants, visit Fairfax County's first winery, shop antiques stores and end your day with homemade custard.

Just a short ride from the United States' capital and the scenic Blue Ridge Mountains, Historic Downtown Manassas is known for its museums and mom-and-pop shops, including a family-owned microbrewery. It's also known for its American Civil War history, so it's easy to spend an afternoon visiting historic sites while taking in some shopping and a craft beer (or two) at BadWolf Brewing Co.



Content Solutions

Halifax police chief fights PTSD stigma

Blais wants mental-health infrastructure to be a priority

On Nov. 8, 2008, Jean-Michel Blais stood in front of a collapsed primary school in Haiti, watching as 93 bodies, most of them children, stacked up in front of him.

The United Nations police team bore through the rubble in search of survivors and found a girl trapped between the bodies of two other children. As deputy commissioner of the UN mission, it was Blais who gave the order to cut one of the bodies in half to pull the surviving girl out safely.

More than to serve and protect, Blais says, police work is about confronting the problems that people would not, should not and could not deal with.

But sometimes, he can't

Blais, who became Halifax Regional Police Chief in 2012, recently revealed he has posttraumatic stress disorder.

It has become a hallmark of his leadership atop the Halifax force, where he has made officers' mental health a priority.

By next month, every Halifax officer will complete a halfday Road to Mental Readiness workshop.

"Day in, day out, these officers



Halifax Regional Police Chief Jean-Michel Blais was diagnosed with PTSD in January 2012 after several trips to Haiti as a member of the RCMP. ANDREW VAUGHAN/THE CANADIAN PRESS.

(Officers) have to realize that they have to take care of themselves before they can take care of others. Chief Jean-Michel Blais

have to show up at the doors and deal with the challenges that are there," Blais said in a recent talk at Mount Saint Vincent University. "Spat upon, Shot at. Cut. Yelled at.... You think that doesn't leave them with a lasting stress?"

Blais wants to start a discussion about mental illness within the force. "(Officers) have to realize that they have to take care of themselves before they can take care of others," Blais said in an interview.

When he talks publicly about his PTSD, Blais makes a point of wearing his uniform to show that mental illness can happen to anyone. The symbolism is not without controversy.

"There have been some questions, I think fair questions, about (my) ability to lead," Blais

said. "I don't know a good leader who hasn't gone through particular challenges and hasn't come out better for it."

About eight per cent of police officers have PTSD, according to Tema Conter Memorial Trust, which supports first responders.

Since 2014, the organization reports, 31 Canadian police officers have committed suicide, including a member of Calgary's service last week.

"Most people experience trauma once in their lives," trust director Vince Savoia said.

"Police experience it multiple times a day."

THE CANADIAN PRESS

MILITARY

Base security to be reviewed

The House of Commons defence committee will hold closed-door hearings on the state of security at Canadian military bases.

Conservative MP James Bezan, the party's defence critic, proposed the idea, which was recently accepted by the allparty committee, although a date for the investigation has yet to be scheduled.

In the aftermath of a stabbing of two military members at a north Toronto recruiting facility last month, National Defence conceded that some elements of a full-scale security review at its installations were still ongoing 18 months after the terror attacks of October 2014.

Bezan says it's been clear since the 2014 deaths of Warrant Officer Patrice Vincent



Vehicles enter Canadian Forces Base Halifax.

ANDREW VAUGHAN/THE CANADIAN PRESS

and Cpl. Nathan Cirillo attacks inspired by Daesh - that members of the Canadian military need better protection.

He says that at some bases, visitors can drive on to the property without being challenged by security, and the in-

cident last month in Toronto shows a need to improve protection at recruiting centres.

Ayanle Hassan Ali, 27, faces nine charges, including three counts of attempted murder, after two soldiers were attacked and injured by a man with a knife. Police said the man claimed afterward that Allah told him to do it.

Bezan says MPs want to hear from senior members of the military, including possibly the chief of the defence staff, about what measures have been taken, what resources they need and what can be done to improve.

The motion to conduct the committee investigation passed on March 22, the same day the federal budget was tabled.

THE CANADIAN PRESS

IN BRIEF

Senator sent to hospital

Sen. Jacques Demers remains in a Montreal hospital in what one colleague described as "serious but stable" condition after suffering a Stroke. THE CANADIAN PRESS

MP Maxime Bernier makes Tory leadership bid official

Quebec MP Maxime Bernier became the second official contender for the permanent leadership of the Conservative party Thursday, saying that while there may be more than a year to go until the winner is chosen, he's ready now.

"It's time for our conservative movement to have a leader who speaks openly, with passion and conviction," Bernier said. THE CANADIAN PRESS



ARGENTINA PROSECUTORS WANT PRESIDENT UNDER SCOPE Demonstrators protest against President Mauricio Macri outside the government in Buenos Aires, Argentina, on Thursday. An Argentine prosecutor has asked for an investigation into President Macri's role in offshore companies, adding to the global fallout from a massive leak of documents from a Panama law firm. The signs held by the protesters read in Spanish from left, "They said they were a team.... It turned out they were an illicit association." "Let justice weigh them with the same scales." NATACHA PISARENKOTTHE ASSOCIATED PRESS

U.K. leader admits tax haven profits

PANAMA PAPERS

Cameron invested thousands offshore

After days of headlines about his family's financial affairs, British Prime Minister David Cameron has acknowledged that he profited from his father's investments in an offshore tax haven.

Cameron told ITV news Thursday that he and his wife Samantha sold shares worth 31,500 pounds (currently \$44,300) in Blairmore Holdings in early 2010, before Cameron became prime minister.

A leak of millions of documents from a Panamanian law firm has disclosed the financial arrangements of wealthy people including the British leader's late father, lan Cameron, who died in 2010.

There is no suggestion he acted illegally.

David Cameron's office has released several previous statements saying the prime minister and his family "do not benefit from any offshore funds" — but not specifying whether they had done so in the past.

Meanwhile, a European Union official threatened Thursday to sanction Panama and other nations if they don't co-operate fully to fight money laundering and tax evasion, after the data leak showed the small country remains a key destination for people who want to hide money.

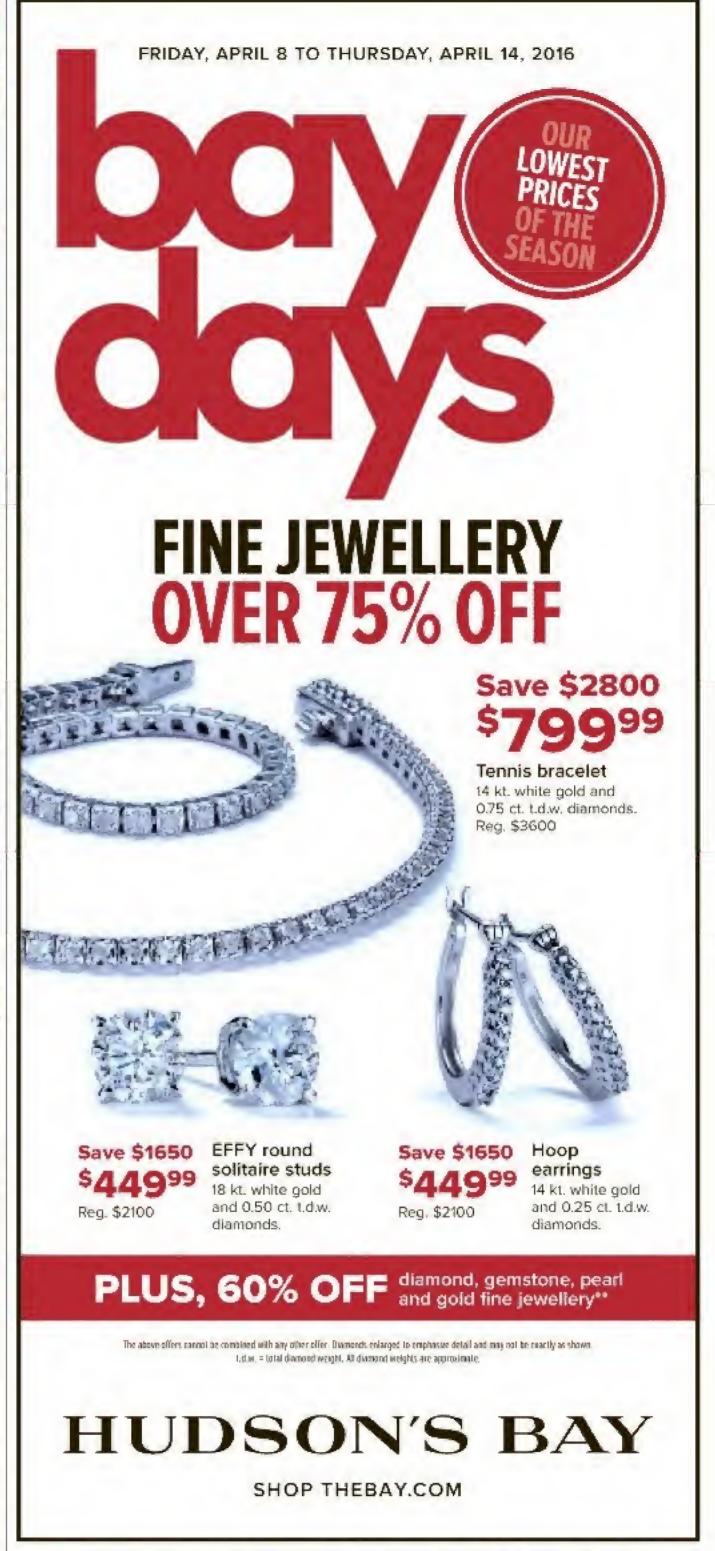
The 11.5 million documents from the Panama-based law firm Mossack Fonseca showed it helped thousands of individuals and companies from around



So far, the scandal has brought down the leader of Iceland and raised questions about the dealings of the presidents of Argentina and Ukraine, senior Chinese politicians, famous actors, athletes and the circle of friends of Russian Vladimir Putin, who some allege has profited indirectly from such accounts.

the world set up shell companies and offshore accounts in low-tax havens. Because such accounts often hide the ultimate owner of assets, they are a favoured tool to evade taxes, launder money or pay bribes.

THE ASSOCIATED PRESS



Savings for all offers are off our regular prices, unless otherwise specified. "Diamond, gematone, pearl and gold fine jewellery enclude Wor, Concern, Ginette MC, hanks Troop, Judich Pipka, Nalech Bridal and Hens with 99t price endings.

Oilpatch in record slump

Industry sees biggest-ever 2-year decline in investment

Canada's oil and gas industry is on track to see its biggest twoyear capital spending decline in its seven-decade history, according to the Canadian Association of Petroleum Producers.

Companies are expected to invest \$31 billion in 2016, a 62 per cent drop from the 2014 record of \$81 billion.

It's the biggest drop since CAPP and its predecessor organizations began keeping track in 1947 — the year of Alberta's first major oil discovery.

The U.S. benchmark oil price was above \$100 US a barrel in mid-2014. Now, it's at about \$37 US — below what most producers need to be profitable.

CAPP estimates 110,000 direct and indirect jobs have been lost in the downturn, which began in late 2014 and continued to deepen through to last February when crude fell



A water intake pipe for oil sands operations north of Fort McMurray, Alta., in 2015. Capital spending in Canada's oil and gas industry has dropped by \$50 US billion since 2014. IAN WILLMS/GETTY IMAGES

below US\$30 a barrel for a time.

"It is a really tough time," CAPP president and CEO Tim McMillan said Wednesday.

"Almost no one is left untouched within their family circle and within their social

Compounding the pain is the

inability for Canadian oil and gas producers to reach markets outside of the United States, a major global petroleum player itself.

Efforts to build oil export pipelines and liquefied natural gas terminals have faced stiff environmental opposition and regulatory delays.

In a release, CAPP said building that infrastructure should be a "national priority" but did not specify what concrete actions it wants provincial and federal governments to take.

Moving forward with pipelines and LNG, he said, is "the

We're not just battling global prices, we're battling global prices with a further discount.

CAPP president Tim McMillan

first and most obvious place to put us on that level playing field."

Much of the debate around pipelines and LNG has focused on the broader climate impacts from fossil fuels.

Greenpeace campaigner Keith Stewart said CAPP is being "wilfully blind" to how the global push to combat climate change is transforming energy markets.

"Canada needs to take action so that we win in the new world of low-carbon, renewable energy, not prop up the fossil fuel industry," he said. "Oil companies have a choice: Transform themselves into clean energy providers, or go the way of the dinosaur." THE CANADIAN PRESS

Call for cash for rail, ports

Big investments in both rail and marine infrastructure will be required to accommodate an acceleration in commodities shipments, particularly oil, over the next decade, says the Conference Board of Canada.

In a report released Thursday, the agency said annual tonnage of commodities shipped by rail will grow more quickly than in the past, rising 30 per cent from 200 million tonnes in 2011 to 260 million tonnes by 2025.

The Conference Board said Canada's shifting trading patterns are putting additional pressure on the country's railways and ports to meet the growing demand for Canadian commodities. THE CANADIAN PRESS

\$1.25B

The combined amount the Canadian National Railway and Canadian Pacific Railway spent, on average, a year between 2005 and 2014 on rail infrastructure.

CEOs take aim at sugar overload, urge better labelling

Two Canadian business leaders want the country's food industry to use more transparent labels so Canadians know just how much sugar they're consuming.

Indigo's CEO and the former CEO of Lululemon are making sugar one of their main targets as they fight to change industry standards.

Sugar is the enemy, said Heather Reisman, CEO of Indigo Books and Music Inc. and executive producer of the 2014 documentary Fed Up, which takes on the sugar industry.

Lots of processed food contains high amounts of sugar, she said.

Today, sugar is in everything - everything," she said during a presentation to the Toronto Region Board of Trade earlier this week. "It's in ketchup. It's in canned foods. It's in the bread we eat."

For her part, she's prohibited Indigo stores from selling chocolate treats at checkout counters to help

hungry customers avoid making sugar-laden impulse purchases.

Canadians need to change the way they eat, Reisman said - and to succeed they need easier-to-understand food labels.

Currently, food packages list how many grams of sugar are contained in a single serving size (like half a cup).

"You have to be a chem-

ist to understand how much sugar is in the product," she said.

Instead, Reisman is calling for something more "straightforward," like the number of teaspoons rather than grains.

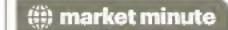
The federal government pledged to revamp food labels in the October 2013 throne speech. Last June, Health Canada announced its proposed changes, and is now in the process of reviewing comments from a public consultation.

Health Canada's proposal to include the percentage of a

serving's daily recommended amount of sugar is progress, said Christine Day, the former CEO of Lululemon. But added sugars, common in foods like yogurt and granola bars that are typically viewed as healthy. should be listed separately.

Day is now chief executive at Luvo, a company touting nutritious frozen food meals low in sodium and sugar. She said she has no qualms with doing that for her frozen meal products, which already provide detailed ingredient information.

THE CANADIAN PRESS





76.08¢ (-0.29¢)



TSX. 13,266,44 (-81.02)



OIL \$37.26 US (-49¢)



GOLD \$1,237.50 US (+\$13.70)

NATURAL GAS: \$2.018 US (+10.74) DOW JONES: 17,541.96 (-174.09)





HELP WANTED

Construction **Project Manager**



Unit #2, Ottawa

Must have experience in project scheduling, estimating, invoicing, document control and preparing contracts. Must have excellent interpersonal and communication skills. Must be well versed in Microsoft Office and MS Project applications.

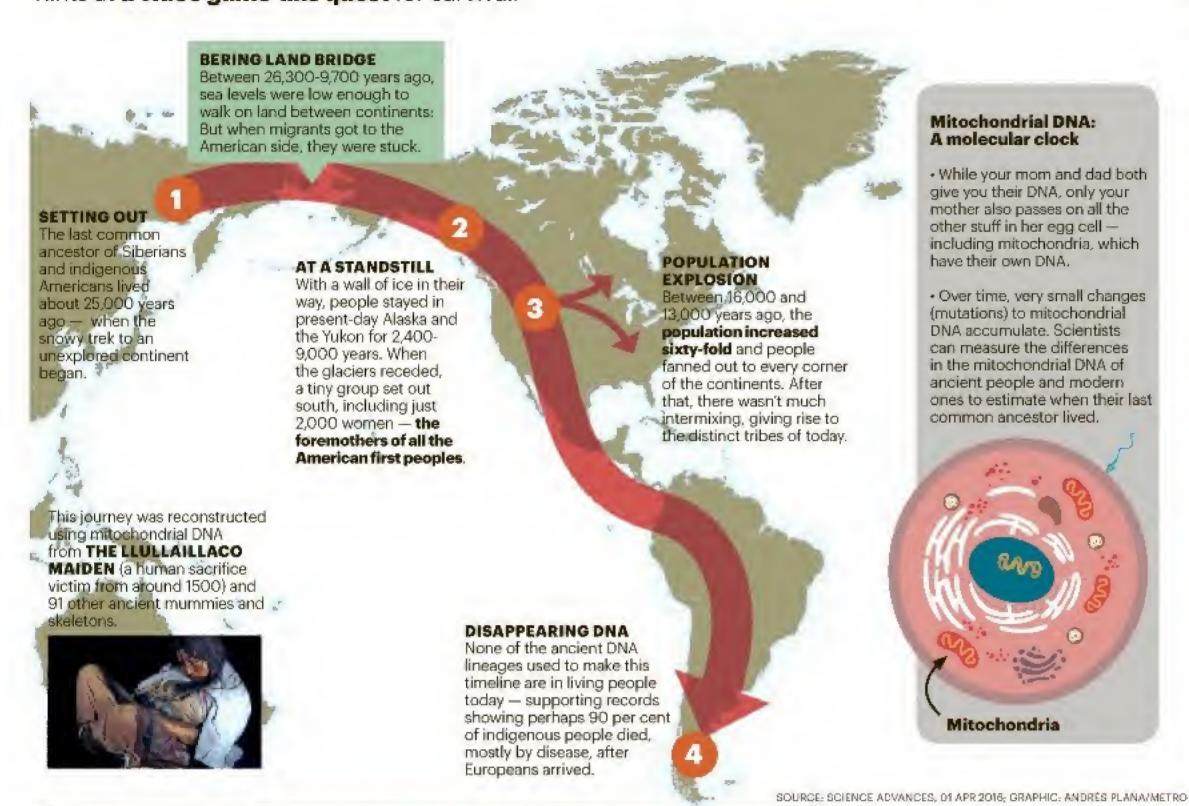
Send resume to Gary at gary@brookrestoration.ca Your essential daily news

SCIENCE SAYS Weekend, April 8-10, 2016

DECODED Journey to the Americas

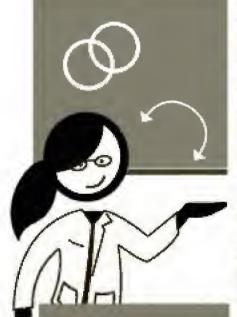
THEY ALMOST DIDN'T MAKE IT

How did a small band of Stone-Age hunters from Siberia sow the genetic seeds of hundreds of distinct ethnic groups - from the Mayans to the Mohawk - across two vast continents? New genetic research hints at a video game-like quest for survival.



CITIZEN SCIENTIST by Genna Buck

Can a computer create life?



Scientists have built fake bacteria that can reproduce. If they're alive, what does "alive" even mean? - Fred, Calgary

Oof. This is a tough one, Fred. Some background: Last month, a team lead by Craig Venter of the Human Genome Project announced the creation of Syn 3.0, a man-made bacterium with 473 genes — the fewest in any living thing ever. We think this is close to the minimum DNA a cell needs to

survive, reproduce and grow at a decent pace in a lab. Like the first synthetic cell, Syn 1.0, it reproduces on its own through cell division, just as real bacteria do.

This is exciting research. The authors still have no idea what about a third of Syn. 3.0's genes do. Further studies might shed light on the earliest life and give us clues about the obscure parts of our own DNA.

Venter calls Syn the first species to have its parents be a computer. Freaky, right? It calls into question some of the fundamental things we believe about life.

"Life," the Encyclopaedia Britannica says, is "living matter that shows ... responsiveness, growth, metabolism, energy transformation, and reproduction." So Syn 3.0 is alive.

But that definition doesn't capture the full meaning of the word. There's no hint in that list about why so many people believe life is sacred and mucking around with it is wrong.

"What is the meaning of life?" isn't a science question. lt's not falsifiable: You can't make a hypothesis and design an experiment to prove yourself wrong. Ditto for "Which life forms are ethical to make synthetically?" and "Who should get access to these tools?" We have to answer those as a global community. through the political process. Outside the lab.

Science Question? Tweet @genna_buck



TORSTAR CORP. PRESIDENT David Holland

VICE PRESIDENT & EDITOR **Cathrin Bradbury**

EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shrout

MANAGING EDITOR OTTAWA Steve Rennie

ADVERTISER INCLURISS adinfohalifax@metronews.ca General phone 902-444-4444

FREE TO SMARC (

FINDINGS Your week in science

Don't brush this off: There are 1.698 reports of injuries from people accidentally swallowing bristles from brushes used to clean 88Q grills.

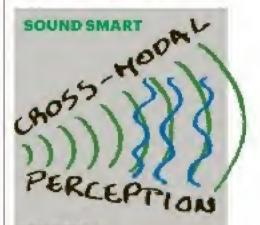


DUNES ON MARS

The sand dunes on Mars have mysterious, massive ripples three metres deep, NASA's Curiosity rover shows. They're far bigger than what's found on Earth, perhaps because of the chemicals in the Martian atmosphere or its heavy, volcanic sands.

MALE BIRTH CONTROL

A long-acting, reversible contraceptive for men effectively keeps lab rabbits from breeding like rabbits, according to research in the journal of Basic and Clinical Andrology. Human trials of the product a gei injected into the vas deferens - start in late 2016.

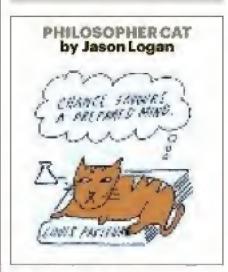


DEFINITION

Cross-modal perception is an experience that involves interaction between two or more senses. The fact that chocolate apparently tastes sweeter when people are listening to a high-pitched sound is an example.

USE IT IN A SENTENCE

"These fries taste off to me: maybe I'm experiencing cross-modal perception because of the obnoxious music in this bar."



WEEREND

Your essential daily news

MOVIES MUSIC TELEVISION DIGITAL



In Demolition, Jake Gyllenhaal plays investment banker Davis Mitchell whose life is turned upside down when his wife is killed. CONTRIBUTED

Jake dancing with himself

DEMOLITION

Gyllenhaal nails another uncomfortable, maverick role

Richard Crouse For Metro Canada



Grief is no laughing matter, but with Demolition, Jake Gyllenhaal has made a whimsical movie about a man on the edge of falling into the abyss.

The film continues Gyllenhaal's quest to explore characters who aren't immediately likeable or understandable. No other mainstream actor puts himself or herself out there as consistently or successfully as Gyllenhaal. He takes chances, throwing himself at edgy portrayals of real people. Recently we've seen him as Nightcrawler's reptilian Lou Bloom, a slick-talking drifter who falls into the freelance news-gathering business, a man who seeks his doppelganger in Enemy and Southpaw's inarticulate brute with a heart of gold, World Middleweight Boxing Champion Billy Hope.

In Demolition, he plays investment banker Davis Mitchell. Wealthy and happy, his life is turned upside down when he and his wife Julia are bickering about

banal home stuff and their car is broadsided and she is killed.

Instead of being plunged into grief, Davis becomes numb, impervious to the seven stages that usually accompany grave loss. However, his behaviour becomes increasingly strange. When he writes a letter to a vending-machine company demanding a refund, he finds an outlet for his feelings and a therapist of sorts in customer-service rep Karen Moreno, played by Naomi Watts. As his letters grow increasingly heartfelt and raw, Karen's sympathetic ear and later, her rebellious son, help Davis demolish his life so he can rebuild his world.

"It's a story about a guy who begins the movie in a conventional way and ends the movie through an unconventional journey," said Gyllenhaal at a press conference I hosted with him at TIFF last year, "feeling however (he wants and needs to) and not how society tells him to feel."

Here the 35-year-old actor delivers strong work, grounding the film's quirkiness in a character you may not understand but can empathize with. He does the heavy lifting, and his work humanizes this offbeat film.

When Davis spontaneously dances on the streets of New York or demolishes his marital home, it's outrageous but it is the sight of a man in pain refusing to face up to the fact that he wasn't a very good husband and will never be able to make amends to Julia. It's occasionally very funny, other times tragic.

The surreal dance scenes are surprising for the audience, but Gyllenhaal says they were a surprise to him as well.

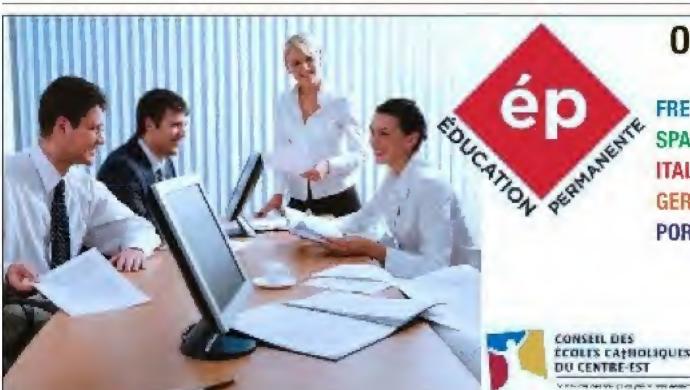
"I always looked on the schedule for when the dancing was going to be," he said at the presser, revealing that director Jean Marc Vallee shot the scenes spontaneously.

"The first time I danced, we were on the train, and (Vallee) said, 'Okay, the train's pulling in,' and handed me an iPod, gave me an earphone and said, 'Are you ready to dance? Let's go.' By the end, I didn't want to stop dancing. I made like a whirling dervish."

MOVIE RATINGS by Richard Crouse

The Boss Demolition Hardcore Henry ★★ I Saw the Light

HOW BATING WORKS 大大大大 SEE IT *** WORTHWHILE UP TO YOU



ONLINE / IN CLASS LANGUAGE CLASSES FOR ONTARIO RESIDENTS ONLY

FRENCH - Levels 1 to 7: April 18, 2016

SPANISH - Levels 1 to 4: April 19, 19, 21, 2016

ITALIAN - Levels 1 and 2: April 20 and 21, 2016

GERMAN - Level 1: April 18, 2016

PORTUGUESE - Level 1: April 21, 2016 (in class only)

Time: 6pm to 9pm Ongoing Registration: 181 Donald Street

Duration: 10 weeks (30 hours in class/30 hours online)

Cost: \$35.00

For more information please call: 613-741-2304 ext. 3

www.educationpermanente.ca

Director X marks a new film phase

ACROSS THE LINE

Hotline Bling creator takes on a big-screen hockey story

Richard Crouse For Metro Canada

Director X (real name Julien Christian Lutz) has captured some of hip-hop's most iconic images on film. His Hotline Bling music video racked up almost 300 million online views, and he's directed promos for everyone from Rihanna and Kendrick Lamar to Iggy Azalea to Busta Rhymes, but now that he's made the leap to the movies don't expect a big screen musical from him.

"I've lived my life for almost twenty years with guys rapping or singing or singers who wish they were rappers," he says.

"I've swum in those waters enough. Now that I've got people talking I don't want them to talk about rapping and singing. Forgive me if that is not something I'm into right now.

"Maybe when I'm an old man doing a period piece about this time it might be interesting but I've always felt hip hop is like a movie right in front of your face. Chris Brown and Drake really got into a fight at a bar and threw vodka bottles at one another. Me fictionalizing a movie of that [isn't necessary], you're watching the movie unfold in front of your face, bullet time. For someone else, go on ahead, but there are other stories I'd like to tell and speak in my own

Over the years X has been connected to other projects —there were rumours he would direct a vampire film called Razorwire — but says he chose Across the Line as his debut feature film

It's about Canada, but a deeper level of **Canadian history** and Canadian communities.



Across the Line is the debut feature film from acclaimed hip-hop director Julien Christian Lutz, a.k.a. Director X. CONTRIBUTED

because "it was actually about something."

"It's about where I'm from," he says. "It's about Canada but a deeper level of Canadian history and Canadian communities. It's not just a story about Toronto or a story we know, regardless of the city."

Inspired by true events, the film is a study of race in smalltown Nova Scotia as seen from the perspective of a young National Hockey League prospect. When his chance at the big league is threatened by family problems and racial tension at his high school, he must overcome intolerance, cultural tension and the odds to fulfil his

"It's a story that needed to be told," says the director, whose next film is a sequel to the movie Center Stage.

X's music video work is characterized by his own particular sense of style, something he had to put on the back burner while

making Across the Line.

"I brought myself to it but at the same time there aren't any scenes that are just pure visual fun," he says. "There was no John Woo cool. When you're making movies you have a responsibility to respect the story over cool awesome shots that belong in blockbusters as opposed to a narrative. But at the same time it's not just turning on the lights and putting the camera on a tripod. It's finding a style that aids the story as opposed to just something that is cool stuff."

Across the Line's story has already connected with festival audiences. It won Best Atlantic Feature at the Atlantic Film Festival and earned kind reviews at the Beverly Hills and Boston International Film Festivals, which X thinks are driven by the realism on the screen. "It's inspired by life," he says, "and takes turns that only come out of life."

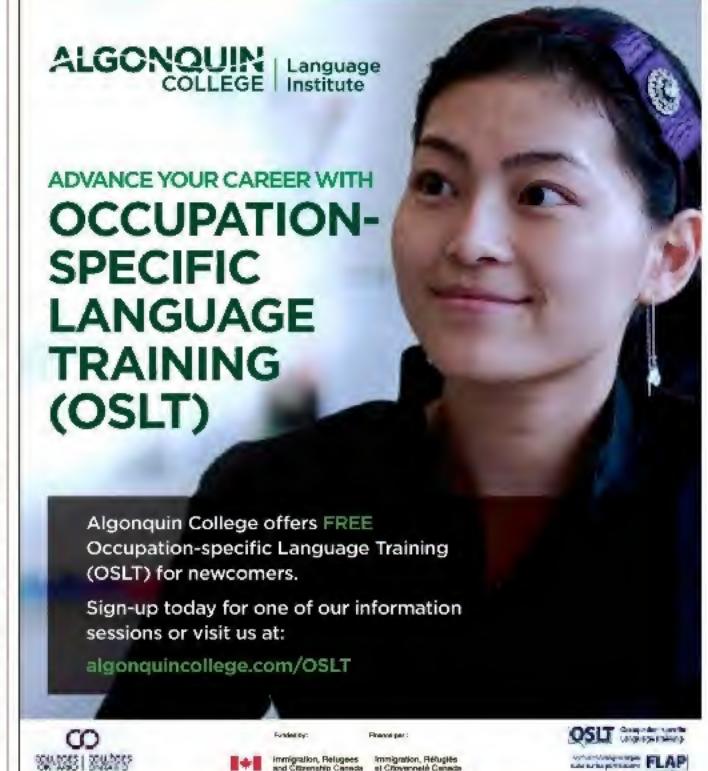
ABOUT THE FILM

Hockey's hidden history

 Nova Scotia native Floyd Kane wrote the film, which stars Stephan James (pictured left) as a prodigious and book-smart black hockey player being eyed by NHL scouts. Hurting his chances are

his brother's nefarious activities as well as deep-rooted racial tensions in North Preston, N.S., which is billed as Canada's largest black community.

 Co-stars include Sarah Jeffery, Shamier Anderson, Lanette Ware, Steven Love and Jim Codrington. THE CANADIAN PRESS





Introducing...

OTTAWA TODAY with Mark Sutcliffe

WEEKDAYS 9am-1pm

after 4-6 of non-invasive treatment, giving you newly defined contour and body confidence!

The only way to test your body metabolism

Resting Metabolic Rate Test

Star of musical romance says he connects with band role

Richard Crouse For Metro Canada

Pete Townshend, guitar god of Ferdia Walsh-Peelo. The Who, says he learned to play guitar and started a band for two reasons:

A: His nose. B. To meet girls. About his nose he said, "It was huge. It was the reason I played guitar." He also noted that bands (even band members with large noses) "always got the best girls."

"It is definitely one of the things that inspires lads to play music," agrees Sing Street star

Ask most male musicians why they joined a band and 99 out of 100 will tell you it was for one very simple reason, to meet women. Art, money and fame are often far distant second place to the lure of the opposite sex.

Such is the case with Conor (Walsh-Peelo) a 15-year-old school boy with a crush on Raphina (Lucy Boynton) in Sing Street, the new musical

romance from Once director John Carney that plays like a spiritual cousin to The Commitments.

"I think that is the thing that gets Conor started and gets people started in pop music," he says. "Then you form the band and you find refuge in the music. It becomes more than just getting the girl. It's actually a way of coping when things are crap.

"I didn't have a great time in school and I went through all these similar kind of phases (as Conor). I remember seeing (the John Lennon biopic) Nowhere Boy and me and this other guy at school bought leather jackets, gelled our hair back and went into school. Bringing combs with us and doing our hair like in Grease. Looking like complete t-s running around town just doing mad stuff. It's all part of the process. Finding yourself and finding your voice."

I got into it after watching a million ridiculous '80s videos

Ferdia Walsh-Peelo

Born and reared just 30 minutes outside Dublin in County Wicklow, in the film the young actor is the perfect picture of an '80s rock star, despite knowing next to nothing about the decade or the music when he signed on to play Conor.

"It was a huge learning curve," he says. "I hadn't reached that point where I was diving into '80s music. I suppose I was up to the late 60s. When I went into Sing Street I was playing bands and we were still in that place. I was listening to loads of country,

music from Tennessee, skiffle music, bluegrass. I had been experimenting with loads of different kinds of music and I got into the '80s stuff when we shot the movie.

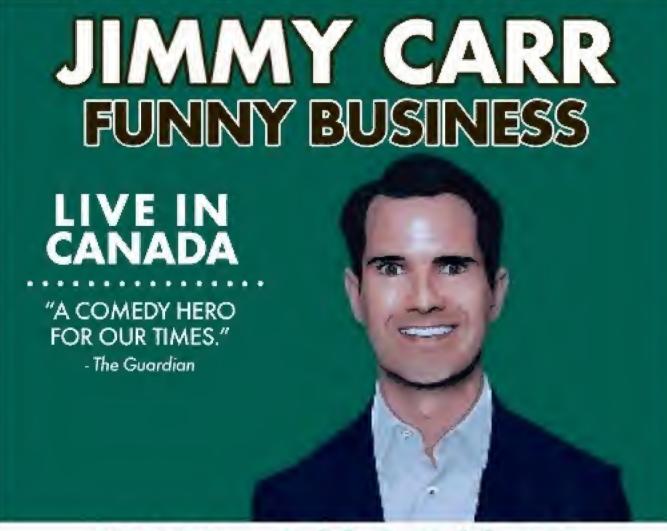
"It took me a while but then I got into it after watching a million ridiculous '80s videos. I just got it," he says. "They just weren't taking themselves seriously at all. It was just that kind of era. It was all just mad, wasn't it? There was loads of horrendous stuff around at that time but there were a few gems. Hall and Oates are absolute gems of the pop stuff."

The musician-turned-actor also singles out The Cure and The Talking Heads as "great stuff," but says his heart lies in folk music.

"Folk music is always where it's been at for me. I played skiffle music with bands for the craic (fun) of it but when I came back, in my room I'd be listening to Joni Mitchell."



SECOND SHOW ADDED • TICKETS ON SALE NOW!



MAY 1 • 5:00 & 8:00 PM **ALGONQUIN COMMONS THEATRE**

> TICKETS AVAILABLE AT Ticketfly.com ALGONQUIN COMMONS THEATRE BOX OFFICE 1-888-732-1682

> > HAHAHA.COM/JIMMYCARR

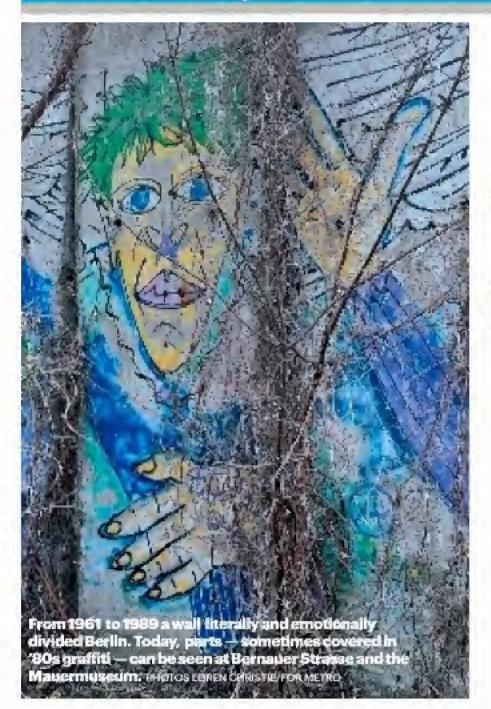




Ferdia Walsh-Peelo and Mark Mckenna star in Sing Street, CONTRIBUTED



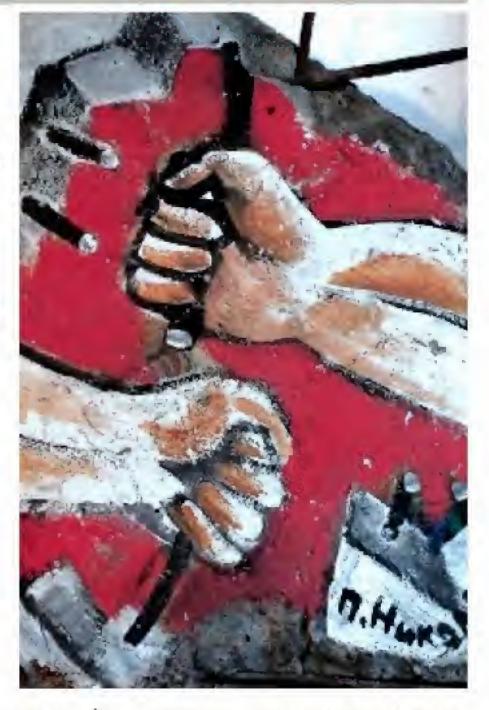
Your essential daily news Much to tourism board's chagrin, I Took A Pill in Ibiza becomes Billboard Top 10 hit



Traces of a city divided

Berlin is one of today's great art and cultural capitals. It also has a fascinating recent past, in part due to the wall that divided it for 28 years. **Loren Christie** spent 48 hours in this trailblazing city and reports back with a danke schön.

METRO CANADA



Berlin is a city with emotional intelligence; acutely aware of its place as ground zero for much of the troubled history of the 20th century while embracing its status as a political and cultural trailblazer in the 21st.

I recently spent a weekend in Berlin and despite my limited time and the city's size — 3.5 million people spread out over almost 900 square kilometres — I was able to get a sense of this grand city.

It sounds unimaginative,

hop-off city tour is perfect for those on a schedule. The City Circle Tour includes a running commentary and has 18 stops including a couple around the Tiergarten, Berlin's massive inner city park and the former West Berlin downtown district of Charlottenburg.

but the ubiquitous hop-on

The tour includes many references to the devastation of World War II and indeed the few pre-war buildings left standing are architectural stand-outs, but most of the

tour is focused on life between 1961 and 1989 when the Berlin Wall literally and emotionally divided the city. Checkpoint Charlie was the best known border crossing between East and West.

Today there is a small guardhouse left standing where you can get a Checkpoint Charlie stamp in your passport and have a photo taken with some character actor guards.

Across the street, the Mauermuseum tells the history of the Wall through photos, videos and newspaper articles.

The Brandenburg Gate, the site of Kennedy's "Ich bin ein Berliner" speech in 1963, is likely Berlin's most recognized monument.

It's a worthy photo stop and a short walk to many of the city's historic buildings, including the German Reichstag.

A broad boulevard lined with shops, the Kurfürstendamm is considered the Champs-Élysées of Berlin. Skip the brand-name shops and go to the iconic KaDeWe department store. The sixth floor food stalls are foodie heaven and make a great lunch stop offering anything from traditional currywurst to fine French champagne and cheeses.

On my second day I squeezed in a visit to Bernauer Strasse where a large section of the wall still stands.

Sombre memorial plaques do an outstanding job explaining how brutal this period of history was for Berlin. It is best accessed via the Nordbahnhof subway station.

Don't miss the storyboards inside the station, which describe the ghost lines — West Berlin subway trains that passed through East Berlin.

The stations that once serviced the lines were shuttered to the East Berliners while anxious subway riders from the West trundled past the murky platforms lined with armed guards.

SAVE THE EQUIVALENT OF THE TAX & SURCHARGES

Until April 17 only

May 15 & 18 • 1 wk

Air, Hotel & Transfers (via Montreal)

Punta Cana | DOMINICAN REPUBLIC

Barceló Punta Cana ★★★ All-Inclusive • Double rm

§659

Riviera Maya | MEXICO

Barceló Maya Beach Resort ★★★★↑ All-Inclusive • Superior rm

May 9 & 16 · 1 wk · UP TO \$1,000 RESORT CREDIT

· \$1129



Call 1 877 236-6228 or your travel agent aircanadavacations.com



Barceló HOTELS & RESORTS



Prices reflect applicable reductions, are subject to change without notice and corrol to continued with any other offer or promotion. Prices are in Cazadian dollars, are valid for bookings code on April 8, 20%, apply be new bookings only and for departure dates as redicated, Prices are person to see person to



Gonzaga sophomore Domantas Sabonis, son of Arvydas, has decided to skip the rest of his college career and declare for the NBA draft

Summit to help hockey climb out of 'dark ages'

Executives expected at analytics conference

Peter Tingling says he's finally noticing a shift in how the hockey world views advanced statistics.

That doesn't mean there isn't still a long way to go.

"If you think Corsi is ana-

lytics, you think the crossbow is a modern weapon," said Tingling, a management information systems professor at Simon Fra-"The fact of the matter is hockey's in the dark ages. Nice to see them finally step up a little

plainly referred to as "shot attempts percentage" by the NHL

 is a fairly basic formula that helps figure out how much a team possesses the puck relative to its opponent.

But as more data has become available in recent years thanks to better tracking of players on the ice, advanced statisticians have rapidly expanded with new, more detailed ways to both measure, and attempt to predict, performance.

"Analytics are about how do we get the most juice out of the lemon?" said Tingling. "How do we get the right piece of the jigsaw puzzle in place?"

With questions like those in mind, Tingling is part of a group at SFU hosting a hockey analytics conference in Vancouver on Saturday that's expected to attract executives, academ-

> ics, students and fans.

And while advanced stats are being viewed more favourably in the NHL — many teams have anaser University. fairly inevitable that lytics departments and the league's website has been updated with enhanced statistical categories - event organizers say it's

Peter Chow-White, data researcher

still an uphill climb.

"To do something different-

ly you have to challenge the

status quo," said Tim Swartz, a

statistics professor at SFU and

the driving force behind the

conference. "The analytics-type

people aren't necessarily hockey

people. It takes some time. Re-

There's a

generational shift

happening right

now and it seems

most sports will

turn to this as part

of what they do.

The Colorado Avalanche have adopted an advanced statistic that suggests the optimal time to pull a goalie when down in the third period is with three minutes left, DOUG PENSINGER/GETTY IMAGES

sults get communicated, but they don't always get accepted."

Swartz co-authored a paper a few years ago that tackled when a team down by one in third period should pull its goalie. The numbers showed the optimal time was with three minutes left, much sooner than what had been the accepted norm.

After some initial shock from fans and media when Colorado Avalanche head coach Patrick Roy brought the practice to the NHL, other teams started to gradually follow suit.

"I like looking at problems of strategy and how to best utilize resources," said Swartz. "There's a salary cap, so how do

you spend your money wisely? What's a player worth? That's kind of the holy grail of sports problems — player evaluation.

"We all know Sidney Crosby is great, but there's a whole bunch of (supporting) guys who might be comparable. Who's best for your team?" THE CANADIAN PRESS

3-on-3 OT leading to fewer shootouts

The NHL is getting its wish with 3-on-3 overtime.

Far fewer games have been settled in the shootout this season following the introduction of the new overtime format. In fact, the NHL is on track to have 36 per cent fewer shootouts from last season, from 170 a year ago to something approaching 109 this year.

Overtime is settling games that go beyond regulation at about a 61 per cent clip this season, up substantially from the 44 per cent mark of one year earlier and 42 per cent the year before that.

The NHL is on track to have 36 per cent fewer shootouts from last season.

"The 3-on-3 has been entertaining, it has been exciting, it's been effective," NHL commissioner Gary Bettman said in a recent interview. "And we still have the shootout, but it's probably made the shootout even more special because there are fewer of them.

"I think if you ask any of the managers and frankly, fans, it's had the intended effect and it's working the way we expected," Bettman added.

THE CANADIAN PRESS

Spieth in familiar territory atop field

Jordan Spieth picked up where he left off at the Masters.

After a resounding victory a year ago, the 22-year-old Texan went bogey-free to card a 6-under 66 and grab the outright lead.

Spieth's closest pursuers were Danny Lee and Shane Lowry at 4 under.

Spieth became the secondyoungest Masters winner with his dominating 18-under performance a year ago.

THE ASSOCIATED PRESS



Jordan Spieth GETTY IMAGES

IN BRIEF

Legendary Habs coach recovering from stroke

Sen. Jacques Demers remains in a Montreal hospital in what one colleague described as "serious but stable" condition after suffering a

The 71-year-old was said to be conscious Thursday morning.

Demers, who coached the Montreal Canadiens to their 1993 Stanley Cup victory, is a patient of the team's current doctor, David Mulder, THE CANADIAN PRESS

Liverpool holds Dortmund to draw in Klopp's return

Juergen Klopp's Liverpool held Borussia Dortmund to 1-1 on his return to his former club for the first leg of their Europa League quarter-final, while defending champion Sevilla and Shakhtar Donetsk won away on Thursday.

Liverpool forward Divock Origi scored against the run of play in the first half, with Dortmund captain Mats Hummels heading the equalizer just after the break. THE ASSOCIATED PRESS

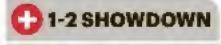
WORLD CURLING CHAMPIONSHIP

Canada's Koe 10-1 after round robin

With an emphatic rout of the tournament host, Canada has sent notice that it's the team to beat heading into the playoffs at the men's world curling championship.

Kevin Koe's Calgary rink finished the round-robin in first place at 10-1, capping its run to the playoffs with a 7-2 win over Switzerland in Thursday's final draw.

After posting a few shaky wins to start the tournament, Canada rounded into form and



Canada will have the hammer when it plays Denmark (8-3) in the 1-2 Page playoff game on

almost ran the table. Koe's only hiccup was a 4-3 extra-end loss to defending champion Sweden on Wednesday.

THE CANADIAN PRESS

RECIPE Veggie Pot Pie



Ceri Marsh & Laura Keogh For Metro Canada

Who says vegetarian meals can't be comfort meals?

Ready in

Prep time: 15 minutes Cook time: 30 minutes

Ingredients

- 4 Tbsp butter
- 11/2 lbs diced mushrooms
- 2 cups butternut squash, 1-inch cubes
- · 2 stalks celery, sliced
- 1 cup frozen peas 1 onion, diced
- 2 cloves garlio, minoed
- 1 Thap fresh thyme
- 1/4 cup flour
- 1 cup low-sodium
- vegetable broth 1/2 cup light cream
- salt and pepper to taste
- 1 x 397-gram pack-
- age frozen puff pastry 1 ègg

Directions

1. Allow puff pastry to thaw on the counter for one hour. Preheat the oven to 400 degrees.

- 2. In a large pot, melt butter over medium heat. Put onion, garlic, squash, mushrooms, celery, thyme and pepper in pot and sautée for 12 to 15 minutes. Sprinkle flour over vegetables, stir and cook for 2 minutes. Add stock, cream and frozen peas and simmer for a couple minutes.
- 2. Roll out your puff pastry to 1/4inch thinness. Cut into squares that will fit your ramekins and flop over the edges.
- 3. Ladle your vegetable mixture into your ramekins. Place a pastry lid over each. Quickly whisk an egg with a bit of water in a small bowl. Brush over top of each pie. Score slits into the pastry tops with a sharp knife.
- 4. Place the ramekins on a cookie. sheet and cook for 25 to 30 minutes until the crusts are golden. Allow to cool before serving.

FOR MORE MEAL IDEAS, VISIT

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

1 2 3 4 5 6 7 8

ACROSS 1. Vitality 4. "Blue _ Shoes" 9. Receded, as tidewater 14. Red Cross mis-15. Invest with funding. 16. Thousand: French 17. Alkali 18. Type of skirt 19. _ donna 20. Pitching-a-tent part of a provincial park 22.Window type 23. Acorns grow on them 24. Uncooked 25. Open with might 26. Inconvenience 29. Loved ones, in Spanish = _ queridos 31. Spew 32. The Battle of ____ (The great victory, and sacrifice, of the Canadian Corps of April 9th to April 12th, 1917). 36. Molokai feast 37. Seal 38. "_|" ...cried the cat 39. Enduring 41. Shredded Wheat cereal stuff 42. Deli side orders 43. One creating too much motion on the pinball machine 44. Seer's skill, shortly 47. 51s ...ancient Rome style 48. Kind of apple

١.	2	a		4	P	0	10	0		9	10	1"	12	15
14				15	Т	\vdash	\top			18	T			
17		H		18		T	T	T	T	10	T		T	1
20			21						22	Т		H		t
F			23	\vdash	T	T		24		T		25	T	t
28	27	28			T		29		Н	T	30			
31						32						33	34	35
38					37	Г					38			
30				40						41				t
П			42						43				T	t
44	45	45		47	T	\vdash		48	Н	t	\vdash			
49			50				51			\vdash		52	53	54
55						58						57		1
58					1	59						60		1
61			-		-	62	-			-		63		+

mother Anne 56. Costless: 2 wds. 57. Kitchen floors cleaner 58. Ewoks' forest moon home 59. Brenda __, Reporter (Classic comic strip) 60. Suffix with

'Glycer'

61. Rose to one's feet 62. Least best. 63. Amount of the Roman Numeral X

DOWN

1. Accountant's tool, briefly 2. "Hey there!": 2 wds.

3, 'Ditto' in a foot-4. Sprinkled seasoning that's fancier than the usual: 2 wds. Different Modifies maga-

zines 7. Exhausted

8. Meadows mother

9. Give a boost of strength and confidence 10. Whirring sound 11. Sight in the sky over a sports stadium 12. "_ Gantry" (1960)13. Darling:

22. Ms. Hannah 24. Send payment 26. Self-_book 27. Flu symptom 28. Burn slightly in cooking 29. Road postings on posts 30. Resembling 32. Those of debating sides mostly conflict 33. Owed-money 34. Ex-VP Al 35. Something spouted 37. Garden gastropod 40. As per #32-Across... Walter Seymour _ (Toronto-born sculptor who designed the monument in France commemorating the Canadians who fought in The Great War) 41. Hazelnut 43. Lion _ (Circus performers) 44. Namesakes of Carlisle Cullen's wife in 'Twilight' movies 45. Like no-longer-inthe-account money 46. Museum attraction in Madrid 48. Succeed: 2 wds. 50. Suffix with 'Buck' 51.___speak 52. Give off 53. Cycled 54. Sign on the store's door 56, Li'l Austral-

ian state

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

49, Urban

51. Hat of Mexico

55. Ben Stiller's actress

Aries March 21 - April 20 This is an excellent day for business and commerce. If shopping, you will appreciate what you buy. Trust your money-making ideas.

Taurus April 21 - May 21 Today the Moon is in your sign, dancing with lucky, moneybags Jupiter, It's a great day to plan a vacation or a social event. Enjoy playful times with children.

■ Gemini May 22 - June 21 This is a feel-good day, and you have a warm feeling in your tummy. Enjoy all your encounters with others, especially family and friends. Invite the gang over for a barbecuel

Cancer June 22 - July 23 This is a wonderful day to schmooze with friends and members of groups. You are high-viz now, and people easily admire you. Make the most of this!

Leo July 24 - Aug. 23 People in power (bosses, parents and teachers) are impressed with you today. For some reason, personal details about your private life are made public. Oh well.

Virgo Aug. 24 - Sept. 23 Do something to shake it up a bit, because you want to broaden your horizons today. Go someplace you've never been before. Travel if you can.

Libra Sept. 24 - Oct. 23 This is a good day to discuss touchy subjects about inheritances, taxes and debt. People are in a good mood and inclined to agree. Quite likely, you will benefit.

Scorpio Oct. 24 - Nov. 22 Relations with partners and close friends are smooth and friendly today. This is also a good day to deal with members of the general public.

Sagittarius Nov. 23 - Dec. 21 Co-workers are supportive today. Some of you will enjoy work-related travel. You can learn something new on the job that expands your experience of the world.

Capricorn Dec. 22 - Jan. 20 This is a party day for your sign! Make plans to enjoy fun diversions with others. Sports events, playful times with children and romantic liaisons will be fun and thrilling.

Aquarius Jan. 21 - Feb. 19 Real-estate deals will be excellent today. This is also a good day to do anything to improve your home or your relationship with family members.

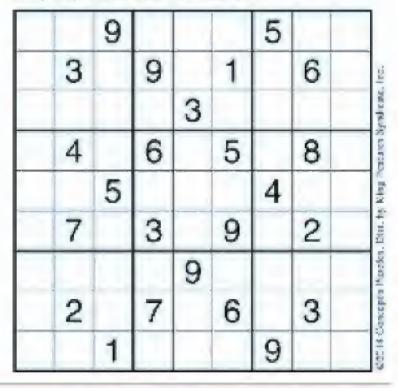
Pisces

Feb. 20 - March 20 Writers, editors, teachers and actors are favored today, because your communication skills are hot. It's easy to be in a positive frame of mind, because you're happy.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

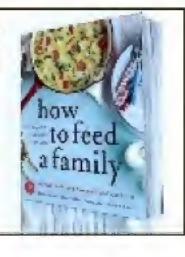
21. Arboreal mar-



As Seen In Metro!

Shop The Sweet Potato Chronicles Cookbook





YESTERDAY'S **ANSWERS**

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

4		0	Pe		A.	Ŀ	4	a.		L.	1		'la 'la	2	1	3	5	6	В	7	9	4
ź	1	A	1		À	ż	24	36	ı	Ü	3		7 T	6	5	4	9	3	7	1	2	8
100	TI.		1	W.	F		H	C		P.	A	U S	B 0	9	7	8	1	2	4	6	5	3
101	10	n	4	4				n	0	H	5	ri	T a	4	8	5	6	1	9	3	7	2
5	Ч	Ų,		4	A	The last	4	n	左	C	4	=	A T	3	9	1	7	4	2	8	6	5
23	1	u		1	19	4	H	A	è	P.F.	e e		HE	7	2	6	3	8	5	4	1	9
70	i	la ·	3	1	1			1	-	H	E .	-	N. A	1	3	2	4	9	6	5	8	7
	T	1	Pr.	10	Ì		L	ile:	-				YIN	8	6	7	2	5	3	9	4	1
V.	E	B	2	28 V		9	20	F	0		la la	1	H C	5	4	9	8	7	1	2	3	6



mintoavalon.com

Opening April 16

VISIT OUR **ALL NEW SHOW HOMES**

in Avalon Encore - Minto's Premier Community in Orléans

These Show Home designs are for sale in:

Quinn's Pointe, Barrhayen | Arcadia, Kanata Enclave at TrailsEdge, Orleans | Potter's Key, Stittsville - coming soon!

THE MARQUETTE SHOW HOME | 3,242 SQ. FT 3 more spectacular new

Show Homes you can tour!

Kinghurst - 1,785 sq. ft. Stanley - 2,450 sq. ft. Georgian - 2,339 sq. ft.

Come visit and tour these Show Homes - opening April 16.

mintoavalon.com



Tour the Show Homes in Orléans

Call or visit our Avalon Encore Sales Centre today

SALES CENTRE: 2570 Tenth Line Road 613.834.6400 minteavalon.com

HOURS: Monday - Thursday: (2pm to Sam) Heday: Ulosed

Weekends & Holidays: Flam to 5pm Show Homes close 30 minutes prior to Sales Centre